Press Release

For Immediate Release

Cominar REIT to host Annual Meeting of Unitholders on May 20, 2009

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Quebec City, April 22, 2009 — Cominar Real Estate Investment Trust ("Cominar" or the "REIT") will hold its **Annual Meeting of Unitholders** on May 20, 2009, in Montreal.

When: Wednesday, May 20, 2009

11:00 a.m. (ET)

Where: Omni Mont-Royal Hotel

1050 Sherbrooke Street West

Montreal, Quebec

Michel Dallaire, President and Chief Executive Officer and Michel Berthelot, Executive Vice President and Chief Financial Officer will review the REIT's achievements and performance in the past year and present the outlook and plans for the year ahead.

PROFILE as at April 22, 2009

Cominar is the largest commercial property owner in the Province of Quebec. The REIT owns a real estate portfolio of 215 high-quality properties, consisting of 38 office, 38 retail and 139 industrial and mixed-use buildings that cover a total area of over 18.5 million square feet in the Greater Quebec City, Montreal and Ottawa areas. Cominar's objectives are to deliver growing cash distributions to its unitholders and to maximize unitholder value through proactive management and the growth of its portfolio.

The REIT has a distribution reinvestment plan for its unitholders that allows participants to reinvest their monthly distributions in additional Trust units. Participants will be given the right to receive an effective discount of 5% of distributions to which they are entitled in the form of additional units. Additional information and enrolment forms are available at www.cominar.com.

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For more information, please contact:

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