

Cominar Real Estate Investment Trust to Announce its Third Quarter Results on November 9, 2018

Québec City, October 4, 2018 — Cominar Real Estate Investment Trust ("Cominar" or the "REIT") (TSX: CUF.UN) announced today that it will release its financial results for the third quarter ended September 30, 2018 on Friday, November 9, 2018.

Management will also hold a conference call on the same day at 11:00 a.m. (EST) to discuss the REIT's financial results and performance. Presentation materials will be made available on the REIT's website at www.cominar.com prior to the call.

To take part in the conference call, please dial 1 888 390-0546 in five minutes prior to the start of the call.

For those unable to participate, a recorded version of the conference will be available from Friday, November 9, 2018 at 2:00 p.m. to Friday, November 16, 2018 at 11:59 p.m. by dialing **1 888 390-0541** followed by the code **471308** #.

PROFILE AS AT OCTOBER 4, 2018

Cominar is the second largest diversified real estate investment trust in Canada and is the largest commercial property owner in the Province of Québec. The REIT owns a real estate portfolio of 429 properties in three different market segments, that is, office properties, retail properties and industrial and mixed-use properties. Cominar's portfolio totals 38.2 million square feet located in the Montreal, Québec City and Ottawa areas. Cominar's primary objectives are to maximize unit value through the proactive management of its properties.

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