

Cominar Real Estate Investment Trust **Announces March 2019 Monthly Distribution**

Quebec City, March 15, 2019 - Cominar Real Estate Investment Trust ("Cominar" or the "REIT") (TSX: CUF.UN) announced today a distribution of 6.00 cents per unit to unitholders of record as at March 29, 2019, payable on April 15, 2019.

PROFILE AS AT MARCH 15, 2019

Cominar is one of the largest diversified real estate investment trust in Canada and is the largest commercial property owner in the Province of Québec. The REIT owns a real estate portfolio of 415 properties in three different market segments, that is, office properties, retail properties and industrial and flex properties. Cominar's portfolio totals 37.5 million square feet located in the Montreal, Québec City and Ottawa areas. Cominar's primary objectives are to maximize unit value through the proactive management of its properties.

- 30 -

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