

**Cominar Real Estate Investment Trust to Announce
its First Quarter Results
on May 6, 2019**

Québec City, April 8, 2019 — **Cominar Real Estate Investment Trust** (“Cominar” or the “REIT”) (**TSX: CUF.UN**) announced today that it will release its financial results for the first quarter ended March 31, 2019 on **Monday, May 6, 2019**.

Management will also hold a conference call on the same day at 11:00 a.m. (EST) to discuss the REIT’s financial results and performance. Presentation materials will be made available on the REIT’s website at www.cominar.com prior to the call.

To take part in the conference call, please dial **1 888 390-0546** in five minutes prior to the start of the call.

For those unable to participate, a recorded version of the conference will be available from Monday, May 6, 2019 at 2:00 p.m. to Monday, May 13, 2019 at 11:59 p.m. by dialing **1 888 390-0541** followed by the code **000558 #**.

PROFILE AS AT APRIL 8, 2019

Cominar is one of the largest diversified real estate investment trust in Canada and is the largest commercial property owner in the Province of Québec. The REIT owns a real estate portfolio of 414 properties in three different market segments, that is, office properties, retail properties and industrial and flex properties. Cominar’s portfolio totals 37.4 million square feet located in the Montreal, Québec City and Ottawa areas. Cominar’s primary objectives are to maximize unit value through the proactive management of its properties.

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