

Cominar Real Estate Investment Trust Announces July 2020 Monthly Distribution

Québec City, July 16, 2020 - Cominar Real Estate Investment Trust ("Cominar") (TSX: CUF.UN) announced today a distribution of 6.00 cents per unit to unitholders of record as at July 31, 2020, payable on August 14, 2020.

PROFILE AS AT JULY 16, 2020

Cominar is one of the largest diversified real estate investment trusts in Canada and is the largest commercial property owner in the Province of Québec. Our portfolio consists of 315 high-quality office, retail and industrial properties, totalling 35.9 million square feet located in the Montreal, Québec City and Ottawa areas. Cominar's primary objective is to maximize total return to unitholders by way of taxefficient distributions and maximizing the unit value through the proactive management of our portfolio.

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