Cominar Real Estate Investment Trust Announces February 2014 Monthly Distribution

Quebec City, February 13, 2014 — Cominar Real Estate Investment Trust ("Cominar" or the "REIT") (TSX: CUF.UN) announced today a distribution of 12.0 cents per unit to unitholders of record as at February 28, 2014, payable on March 17, 2014.

PROFILE AS AT FEBRUARY 13, 2014

Cominar Real Estate Investment Trust is the third largest diversified real estate investment trust in Canada and currently remains the largest commercial property owner in the Province of Québec. The REIT owns a real estate portfolio of 496 properties in three different market segments, that is, office buildings, retail buildings and industrial and mixed-use buildings. Cominar's portfolio totals 37.1 million square feet spread out across Québec, Ontario, the Atlantic Provinces and Western Canada. Cominar's objectives are to pay growing cash distributions to unitholders and to maximize unitholder value by way of integrated, proactive management and the expansion of its portfolio.

Cominar has a dividend reinvestment plan for its unitholders that allows participants to reinvest their monthly distributions in additional Trust units. Participants receive a right to receive an additional amount equal to 5% of their monthly distributions in the form of additional units. Information and enrolment forms are available at www.cominar.com.

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