



PRESS RELEASE

For Immediate Release

**Cominar Real Estate Investment Trust to Announce
its Third Quarter 2013 Results
on November 7, 2013**

Québec City, October 18, 2013 — Cominar Real Estate Investment Trust (“Cominar” or the “REIT”) (TSX: CUF.UN) announced today that it will release its financial results for the third quarter ended September 30, 2013 on **Thursday, November 7, 2013**.

Management will also hold a conference call on the same day at 11:00 a.m. (EST) to discuss the REIT’s financial results and performance. Presentation materials will be made available on the REIT’s website at www.cominar.com prior to the call.

To take part in the conference call, please dial **1.888.231.8191** in five minutes prior to the start of the call.

For those unable to participate, a recorded version of the conference will be available from Thursday, November 7, 2013 at 2:00 p.m. to Thursday, November 14, 2013 at 11:59 p.m. by dialing **1.855.859.2056** followed by the code **89076852**.

PROFILE AS AT OCTOBER 18, 2013

Cominar Real Estate Investment Trust is the third largest diversified real estate investment trust in Canada and currently remains the largest commercial property owner in the Province of Québec. The REIT owns a real estate portfolio of 493 properties in three different market segments, that is, office buildings, retail buildings and industrial and mixed-use buildings. Cominar’s portfolio totals 36.8 million square feet spread out across Québec, Ontario, the Atlantic Provinces and Western Canada. Cominar’s objectives are to pay growing cash distributions to unitholders and to maximize unitholder value by way of integrated, proactive management and the expansion of its portfolio.

Cominar has a dividend reinvestment plan for its unitholders that allows participants to reinvest their monthly distributions in additional Trust units. Participants receive an effective discount of 5% of distributions in the form of additional units. Information and enrolment forms are available at www.cominar.com.

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