

**Press Release**  
For Immediate Release

**Cominar Real Estate Investment Trust  
to Announce First Quarter Results  
May 13, 2009**

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**TSX - CUF.UN**

Quebec City, April 21, 2009 — Cominar Real Estate Investment Trust (“Cominar” or the “REIT”) announced today that it will release its 2009 first quarter results on Wednesday, May 13, 2009.

Management will also hold a conference call on the same day at 11:00 a.m. (ET) to discuss the REIT’s financial results and performance for the three months ended March 31, 2009. Presentation materials will be made available on our website at [www.cominar.com](http://www.cominar.com) prior to the call.

To take part in the conference call, please dial 1-800-595-8550. To ensure your participation, please dial in five minutes prior to the start of the call.

For those unable to participate, a taped re-broadcast will be available from Wednesday, May 13, at 1:00 p.m. to Wednesday, May 20, at 11:59 p.m. by dialing 1-877-289-8525, followed by the code 21304113#.

The event will be simultaneously webcast and archived for 90 days at [www.cominar.com](http://www.cominar.com).

**PROFILE as at April 21, 2009**

Cominar is the largest commercial property owner in the Province of Quebec. The REIT owns a real estate portfolio of **215 high-quality properties, consisting of 38 office, 38 retail and 139 industrial and mixed-use buildings that cover a total area of over 18.5 million square feet in the Greater Quebec City, Montreal and Ottawa areas.** Cominar’s objectives are to deliver growing cash distributions to its unitholders and to maximize unitholder value through proactive management and the growth of its portfolio.

The REIT has a distribution reinvestment plan for its unitholders that allows participants to reinvest their monthly distributions in additional Trust units. Participants will be given the right to receive an effective discount of 5% of distributions to which they are entitled in the form of additional units. Additional information and enrolment forms are available at [www.cominar.com](http://www.cominar.com).

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