

**Press Release**  
For Immediate Release

**Cominar Real Estate Investment Trust Announces  
November 2008 Monthly Distribution**

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**TSX - CUF.UN**

Quebec City, November 17, 2008 — Cominar Real Estate Investment Trust (“Cominar” or the “REIT”) announced today a distribution of 12.0 cents per unit to unitholders of record as at November 28, 2008, payable on December 15, 2008.

**PROFILE as at November 17, 2008**

Cominar is the largest commercial property owner in the Province of Quebec. The REIT owns a real estate portfolio of **213 high-quality properties, consisting of 37 office, 38 retail and 138 industrial and mixed-use buildings that cover a total area of over 18.2 million square feet in the Greater Quebec City, Montreal and Ottawa areas.** Cominar’s objectives are to deliver growing cash distributions to its unitholders and to maximize unitholder value through proactive management and the growth of its portfolio.

The REIT has a distribution reinvestment plan for its unitholders that allows participants to reinvest their monthly distributions in additional Trust units. Participants will be given the right to receive an effective discount of 5% of distributions to which they are entitled in the form of additional units. Additional information and enrolment forms are available at [www.cominar.com](http://www.cominar.com).

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